



Poulton St Chad's Church of England Primary School
Curriculum Overview for PE
Academic Year 2025/2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Outdoor Provision	FMS – How to catch a star	FMS – Jack and the Beanstalk	FMS – Hungry Caterpillar	FMS - Minibeasts	FMS - Seaside
Year 1	FMS – Baseline Lost & Found	Gymnastics Core Task 1	Dance	FMS – Overarm Throw	Athletics – Honey Pot	Gymnastics Core Task 2
	FMS – Baseline Lost & Found	FMS – Catching & Bouncing	FMS – Underarm Throw	FMS – Tri Throlf	FMS - Kicking	FMS – Rolling
Year 2	Seaside Dance		Gymnastics	Games – Striking & Fielding	Athletics – Colour Match	Dance
	Games – Net & Wall	FMS - Bouncing	FMS – Playground Games	Games – Piggy in the Middle	OAA	FMS – End of KSI Assessment
Year 3	Dance	Invasion Games – Handball	Net & Wall 1	Gymnastics 1	Athletics	Striking & Fielding - Cricket
	OAA – Team Work & problem Solving	Invasion Games – Touch ball	Health Related Fitness	Invasion Games – On the attack	Gymnastics 2	Creative Games
Year 4	Dodgeball	Gymnastics 1	Target Games - Boccia	Invasion Games - Basketball	Striking & Fielding - Rounders	Net & Wall 2
	OAA -Trust & Trails	Dance	Target Games – Tag & Target	Dance	Athletics	Gymnastics 2
Year 5	Invasion Games – Rugby 1	Gymnastics 1	Creative Games	Net & Wall – Tennis	Athletics	Striking & Fielding - Cricket
	OAA – Team Work & Problem Solving 1	Dance	Orienteering	Invasion Games – Hockey	Dance	Gymnastics 2
Year 6	Dance	Orienteering	Invasion Games - Football	Net & Wall – Badminton	Creative Games	Striking & Fielding - Rounders
	OAA – Team Work & Problem Solving 2	Gymnastics 1	Invasion Games – Netball	Gymnastics 2	Athletics	Invasion Games – Rugby 2

Spirituality Links:

-Child-Self

-Child-People

-Child-World

-Child-God

