

Statutory Guidance to be taught outside of the 'HeartSmart' scheme

CORE THEME 1: HEALTH AND WELLBEING

KS1	PSHE Suggested learning Opportunity	Delivery
H8	About the process of growing from young to old and how people's needs change.	Through the Year 2 Science Curriculum Unit Animals, Including Humans.
H9	About growing and changing and new opportunities and responsibilities that increasing independence may bring.	Through the Year 2 Science Curriculum Unit Animals, Including Humans.
H10	The names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls.	Through the Year 1 and Year 2 Science Curriculum Unit Animals, Including Humans.
H16	What is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others' privacy.	Through the NSPCC Talk PANTS. Through the online safety aspects of the Computing Curriculum.

KS2	PSHE Suggested learning Opportunity	Delivery
H19	About human reproduction.	At Poulton St. Chad's, sex education is taught through the national curriculum for Science. The national curriculum for Science includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. Additional, non-compulsory sex education is not taught at Poulton St. Chad's. This will be reviewed in 2021.
H20	About taking care of their body, understanding that they have the right to protect their body from inappropriate and unwanted contact; understanding that actions such as FGM constitute abuse and are a crime, and develop the skills and strategies required to get support if they have fears for themselves or their peers.	Through the NSPCC Talk PANTS. <i>Some aspects including FGM not taught at Poulton St. Chad's.</i>

H21	Strategies for keeping physically and emotionally safe including road safety (including cycle safety) and safety in the environment (including rail, water and fire safety).	<p>Through external provision including...</p> <ul style="list-style-type: none"> - Cycle Safety: Through the 'Bikeability' Programme in Year 5. - Fire Safety: Through the Child Safe Fire safety lesson offered by the Lancashire Fire and Rescue Service to Year 2 and Year 6 pupils. - Rail Safety: Through annual whole school assemblies offered by Network Rail. - Water Safety: Through annual whole school assemblies offered by the local Beach Patrol Team. <p><i>Any visitors follow the school policy and deliver in line with the distinct Church of England ethos of the school.</i></p>
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CORE THEME 2: RELATIONSHIPS

KS1	PSHE Suggested learning Opportunity	Delivery
R10	To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them).	Through the NSPCC Talk PANTS and the lesson: Positive Relationships and appropriate touch.

KS2	PSHE Suggested learning Opportunity	Delivery
R8	To judge what kind of physical contact is acceptable or unacceptable and how to respond.	Through the NSPCC Talk PANTS and the lesson: Positive Relationships and appropriate touch.
R5	That civil partnerships and marriage are examples of a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment.	Through UKS2 Unit: Marriage.
R6	That marriage is a commitment freely entered into by both people, that no one should marry if they don't want to do so or are not making this decision freely for themselves.	
R17	About the difference between, and the terms associated with sex, gender identity and sexual orientation.	
R19	That two people who love and care for one another can be in a committed relationship and not be married or in a civil partnership.	
R20	That forcing anyone to marry is a crime; that support is available to protect and prevent people from being forced into marriage and to know how to get support.	

CORE THEME 3: LIVING IN THE WIDER WORLD

KS1	PSHE Suggested learning Opportunity	Delivery
L2	To help construct, and agree to follow, group, class and school rules and to understand how these rules help them.	Through transition activities, discussion of class and learning agreements, whole school worship, school displays, the School Council etc.

KS2	PSHE Suggested learning Opportunity	Delivery
L4	That universal human rights are there to protect everyone and have primacy both over national law and family and community practices.	Through whole school worship and theme weeks promoting British Values.
L5	To know that there are some cultural practices which are against British law and universal human rights such as FGM.	<i>Some aspects including FGM not taught at Poulton St. Chad's.</i>