

## What is Online Safety about?

At St Chad's, we want to help you and teach you how to stay safe online.

<b><u>Content</u></b> This area is all about what you post online and what you look at online. Is it appropriate for your age?	<b><u>Contact</u></b> This area is all about who you are speaking to online. Do you know them?
<b><u>Conduct</u></b> This area is all about how you act online and how other people act towards you. Are they being kind?	<b><u>Commerce</u></b> This area is about being tricked online to either buying things, gambling or tricks websites use to get your money.
<b><u>Misinformation</u></b> This is false or inaccurate information, something that isn't true but some people might believe. It's important when you see information online that you remember to think about where it came from, is it reliable?	
<b><u>Disinformation</u></b> This is what we call it when people spread misinformation to trick others. Always double check any information, see if other people are saying the same thing, is it truthful?	

If you are worried about something that is happening to you online you can:



### Staying safe online at school

- Keep your passwords and usernames a secret.
- Use an avatar rather than a picture of yourself.
- Only google appropriate things. We monitor everything that happens online. Be sensible.
- Look after our school equipment. Treat it with respect.

### Staying safe online at home

- Only access websites and apps approved by your parent or guardian.
- Don't contact or make plans to meet anybody you find online, you don't know if they are who they say they are!
- Don't post pictures of yourself, your school/uniform or your street. It could be used by somebody to find you.
- **Tell a trusted adult if you see anything that worries you.**

**If something comes up on your device that you don't think you should see. Always tell your teacher so they can help you.**

**AI**

Artificial Intelligence (AI) platforms like ChatGPT, Gemini and Claude are becoming more common in our everyday lives. It's important to remember that most AI platforms should not be used by anybody under the age of 13, with parents watching to make sure everything is being used safely. It is still likely that you will come across some AI content on the internet, so it's worth remembering the risks.

**Dangers of AI**

- AI bots don't always know your situation and can give you bad advice.
- AI can distort images or videos, which can spread misinformation.
- AI chatbots can provide dangerous or misleading information.

**Age Restrictions for Social Media Platforms**

*What is the minimum age for account holders on these social media sites and apps?*

Under 13 (With Parental Consent)	13 years +	14 years	16 years +	18 years
Roblox	Twitter Facebook Messenger Viber WeChat Instagram Snapchat TikTok Pinterest YouTube (with parental consent) Google + Tumblr Reddit Musically	LinkedIn	WhatsApp Telegram Messenger Vine	YouTube Keek WeChat Kik Spotify

**Declaration**

I will look after all devices at school and treat them with respect. I will be responsible online. I will tell a teacher if I find something online that worries me or that is not appropriate.

Sign:

Date: